

# *SOUL FOOD*

*February 2020*

*LOVE*



*Man knows that **love** is, but not what it is.*

*Divine Love and Wisdom #1*

# LOVE

*"Love consists in desiring to give what is our own to another and feeling his delight as our own"*

*"Love comes into being through useful service to others."*

*"Kindness is an inner desire that makes us want to do good things even if we do not get anything in return. It is the joy of our life to do them. When we do good things from this inner desire, there is kindness in everything we think, say, want, and do."*

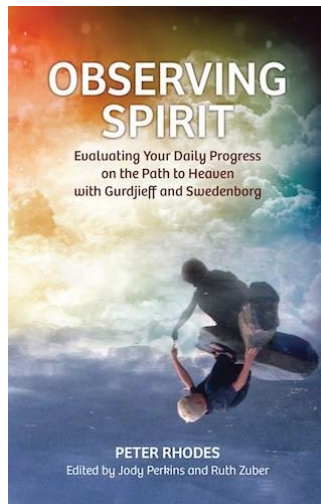
*"The inner self is as distinct from the outer self as heaven is from earth."*

*"A life of faith without love is like sunlight without warmth—the type of light that occurs in winter, when nothing grows and everything droops and dies. Faith rising out of love, on the contrary, is like light from the sun in spring, when everything grows and flourishes. Warmth from the sun is the fertile agent. The same is true in spiritual and heavenly affairs, which are*

*typically represented in the Word by objects found in nature and human culture”*

## ***Spiritual Growth group on Sunday Evenings***

*Or work on at your own pace.*



*Based on the teachings of Emanuel Swedenborg , G.I. Gurdjieff, P.D. Ouspensky, and Maurice Nicoll, Peter Rhodes presents a **practical guide to spiritual progress**.*

*Stressing personal responsibility for overcoming negative traits, each chapter explains how we can realize our true spiritual potential by **cultivating awareness** of our baser reactions and by applying the tools of Gurdjieff’s spiritual method, “The Work,” to our everyday existence.*

Rhodes joins "The Work" with the spiritual philosophy of Emanuel Swedenborg to enhance our understanding of **how the world of spirit intersects our lives on the earthly level**. At the conclusion of each chapter, tools for measuring the reader's progress are provided in the form of **weekly tasks and meditations**. This book can be used in group workshops or by the individual.

However, the strength of the book is the valuable presentation of a practical approach to spirituality in everyday life. In particular, this book emphasizes **waking up to our present experience** out of the sleep of habitual patterns, using self-remembering to **transcend negativity**, and **staying focused on our spiritual aim** in order to use everyday experience to grow spiritually. Rhodes provides clear theoretical understanding along with **useful practical exercises**.

## *The Word, in the letter, is most Holy (the literal sense)*

as it is the **containant of the inner spiritual correspondences** of our regeneration and the Lord's Glorification .

In Heaven the literal sense disappears and together with it that historical sense which has served as an objective form for the heavenly ideas **AC 1866**

*Ideas themselves appear in the spiritual world in visible form and are pictured as  
images  
...beautiful  
things  
beyond*



number together with delicious and delightful things of an affecting nature **AC 1869**.....when it is read by a little boy or girl it becomes more beautiful and delightful by degrees as it ascends and at last it is presented to the Lord as the image of a human being .....a likeness of Himself.

*Reading the Word is contact with the Lord: Choose to read every day at a set time. You will find that you are spiritually nourished.*



**SHED for Godly Play** : A shed is being planned to erect on the council land within the fenced area of McDougall House. We are in the planning stage. More to follow. May the Lord bless our endeavours.

	<b>Calendar February</b>	<b>2020</b>
<i>Feb 2<sup>nd</sup></i>	<i>Worship 10:30am Spiritual Growth Group 5:30pm</i>	<i>Groat Street, N Beach Aubin Grove</i>
<i>Feb 9<sup>th</sup></i>	<i>Spiritual Growth Group 5:30pm</i>	<i>Aubin Grove</i>
<i>Feb 16<sup>th</sup></i>	<i>Worship 10:30am Spiritual Growth Group 5:30pm</i>	<i>Groat Street, N Beach Aubin Grove</i>
<i>Feb 23</i>	<i>Logo Praxis 9am Worship+Godly Play 10:30am Spiritual Growth Group 5:30pm</i>	<i>McDougall House, Como Aubin Grove</i>

<i>March 1st</i>	<i>Worship 10:30am Spiritual Growth Group 5:30pm</i>	<i>Groat Street, N Beach Aubin Grove</i>
<i>March 8th</i>	<i>Logo Praxis 9 am Worship 10:30am and Godly Play Spiritual Growth Group 5:30pm</i>	<i>McDougall House, Como  Aubin Grove</i>
<i>May 22-24</i>	<i>Todd visits us</i>	<i>BOOK THESE DATES  PLEASE 😊</i>

*A spiritual Growth course on “Observing Spirit” is starting on Sunday evening 2<sup>nd</sup> February in Aubin Grove at 5:30pm and for those people who cannot physically get to the group to work through the book on their own. Contact Mary for info*

***We are all created to become angels of Heaven  
which is a kingdom of communities.***

*Based on the Holy Bible, **The New Church** gains further inspiration and understanding through the Heavenly Doctrines revealed by the Lord and published by 18th century scientist and theologian **Emanuel Swedenborg**. In the 35 volumes of this new Revelation we see the Lord's plan for a rebirth of Christianity, a clear vision of God in His own Word, and what that means in our lives.*

***Worship:*** 10:30am on the ***Second and Fourth*** Sundays with ***Godly Play*** for children

***Venue:*** McDougall House, 20 Clydesdale Road, Como

*[www.newchurch.org](http://www.newchurch.org)*

*Book orders: 0407 448405*

***ONLINE donations Westpac***

***Church:*** BSB 036-302: ACC 189720

***Godly Play:*** BSB 036-019 ACC 258487

***Starting Over Support*** BSB 036-019 ACC 230169