

Breaking Bread

Newsletter –

The Brisbane Society of The New Church,
Brisbane and South-East Queensland

Aug, Sep, October 2022

Art Work By Lenore Sandow



Love and faith work the same way in our inner being as warmth and light work in our outer self and are therefore represented by warmth and light. This is why the lights are said to be placed in the expanse of the heavens, or our inner being, the greater light in our will and the smaller in our intellect.

(Secrets of Heaven 30)

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1. Article on 'Day Four Spiritual Work' from Rev. Darren Brunne.
3. Upcoming events.
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DAY FOUR

Genesis 1:14-19

And God said, Let there be lights in the firmament of the heaven to divide the day from the night; and let them be for signs, and for seasons, and for days, and years: And let them be for lights in the firmament of the heaven to give light upon the earth: and it was so.

And God made two great lights; the greater light to rule the day, and the lesser light to rule the night: he made the stars also. And God set them in the firmament of the heaven to give light upon the earth, And to rule over the day and over the night, and to divide the light from the darkness: and God saw that it was good.

And the evening and the morning were the fourth day.

Day Four - New Guidance.

The Lord is God of the seen and unseen. He is God of the Day and the Night, the sun, moon, and stars. He is Lord of our dark times as much as the times of light and goodness.

It is important to understand that the Work of the first three Days makes a complete process when combined and practiced together. In and of themselves they are insufficient to bring us into celestial life and thus there are three more days of Work remaining (Days Four, Five and Six). Day Seven is part of the whole journey to New Jerusalem but is not so much a Work as it is a cessation of Work (a celestial rest) as we now allow the Divine to fully 'work' through us. Day Seven as part of the journey is therefore addressed in Genesis 2 and involves its own practices and states of 'being'.

Therefore, when we consider Day Four Work and its relationship to the first three Days, we need to hold in mind the way the first three Days are cycling and spiralling forward. This is another way of saying that we might find ourselves visiting Day One, Two and Three repeatedly with an occasional transition into Day Four Work (or one of the higher Days). Thus, much of our time and energy will be spent in these first three Days.

Day Four calls to us through '*Seasons*'. It visits us subtly much like the fading of day light or the rising of a new sun. If we are attentive and listening to its 'callings' we will discover new guidance and a sense of being led forth by the Lord.

Firstly, Day Four spiritual Work gives us the big picture (or at least expands upon what we currently have). Growing insights and convictions from Day One to Three will gently nudge us forward with 'new' questions, hunger and burning desires. We find ourselves quietly excited by these developments but at the same time unable to ignore them or let them lay unattended. We must find out the answers to these 'callings' and as we discover the missing pieces, our spiritual world view expands. From this, we are 'moved', 'led' or subtly guided forward into new projects.

One such way these 'callings' may grab our attention is through newly emerging patterns of behaviour, thoughts and feelings. It can come in an external form such as the hearing of a word or idea repeatedly (three or more times) all in a very short span of time. Or it may be a very quiet and internal (but gently persistent) prompting.

The ways in which we can be guided are many and various but will always involve confirmations from Sacred Text, heavenly convictions, and growing spiritual revelations.

Dark forces will always be aggressive and forceful while heavenly guidance will be soft, subtle, and consistent. Thus, Genesis 1:14 describes clear delineation between day and night, signs and seasons, and days and years. These delineations and their transitions such as day to night and year to year always have a quality that is gentle and consistent by Divine design. This is not to say that there are not storms and difficult transitions occurring in our lives, but when we look deeper past the tempest, we see the softer consistent Work of the Divine and can follow His leading despite the outward distractions.

Day Four calls out to us to pay careful attention to the different lights at work in our souls. Daylight carries a warmth and loving reassurance. We feel especially cared for and of great value at these times of guidance. Nightlight, on the other hand, is cold and somewhat obscure. It is important that we learn to be led and guided forth during our battles or times of doubt and

uncertainty. Nightlight is confirmatory to our intellect and thought life but lacks the deeper convictions felt within the heart of the advancing soul.

As we grow and journey towards New Jerusalem, we must pass through many seasons and often unknown territory. If we look up during the 'day', the Sun (Love for the Lord and the neighbour) will show us which way is East (the City of Lights). If we look up during our darker 'night' times, the moon (Sacred Text) and stars (the counsel of other advancing souls) will keep us going in the right direction, even though our travel may be harder.



May your times of self-reflection and transformation go well,
Rev Darren Brunne

MARK AND THE MESSIAH

We are making great progress through *Mark and the Messiah*, during the family service on the first Sunday of the month. Throughout this series, we are exploring the Book of Mark progressively each month, discovering the personal internal sense of Sacred Text while drawing out a number of practical goals for us to work on.

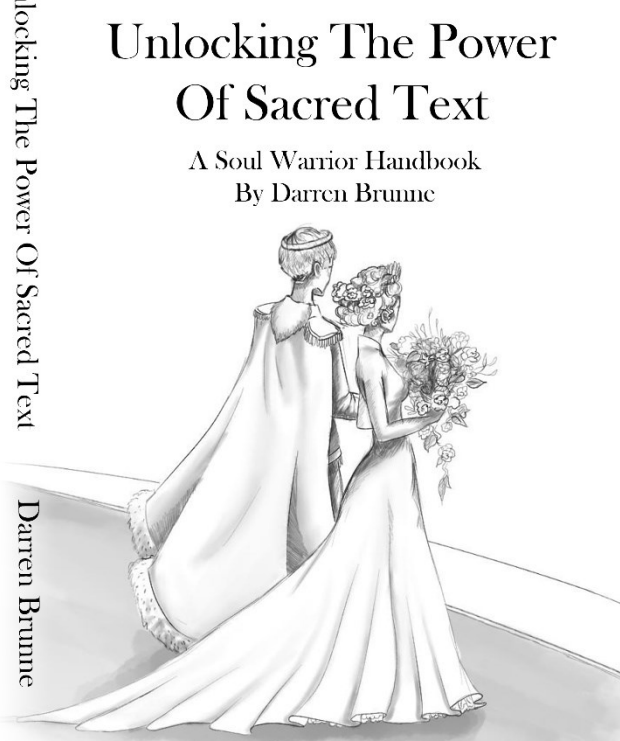
SACRED CIRCLE


UNLOCKING THE POWER OF SACRED TEXT - 40 PARABLES

I am happy to say that I have finished compiling all forty parables into a complete study guide (over 350 pages).

One of the most fought over and debated books in all history is the Bible. On one level its message seems clear - to offer the human race a pathway to eternal life. And yet, even a quick review of its contents can leave one bewildered and confused. In the Gospels of the New Testament alone the Lord teaches 40 unique teachings through parables or short stories with hidden messages. Why has the Bible been written and compiled in such a mysterious and strange way? The answer itself is both shocking and exhilarating. Its secrets and hidden messages are only available to those who are willing to study and practice their teachings and thereby unlock their spiritual power.

Here in this work 'Unlocking The Power of Sacred Text' you will be able to explore all 40 parables learning the language of spirit enabling you to unlock the spiritual language used to code teachings in story form. Unlocking the language of Sacred Text will not come quickly or easily. It will require effort and commitment. The results, however, will bring deep meaning and purpose to one's life and existence. By mastering the forty parables of the Lord, the student and disciple will inevitably open the remainder of Sacred Text. Books that were once difficult or impossible to read will now pour forth an abundance of enlightenment and guidance for the practitioner's life. Mastering the language of Sacred Text is now within your grasp.





We are currently looking at the first seven studies from Day One spiritual work called the Kingdom of Heaven parables. *Unlocking the power of Sacred Text* takes us through the Seven Days of spiritual work using those seven categories (one for each of the seven days of the creation story) to study the Lord's parables. The 40 parables of the Lord have been reorganised into seven groups of study best suited to the Seven Days. Thus, moving forward with Sacred Circle, our time of exploration over the parables will equip us with revelation and wisdom to help us move forward through any of the seven stages we may find ourselves in –

1. New Light to help us travel – **Day One** (light-bearer/lamp)
2. Power to separate from the 'ego' and observe – **Day Two** (Seer/eagle)
3. Re-engage with the 'new' earth. Same activity, new level – **Day Three** (traveller/map)
4. Receive special guidance – **Day Four** (navigator/compass)
5. Nurture, expand & cultivate our inner promised land – **Day Five** (Merchant/pearl)
6. Defend against and conquer negative states within – **Day Six** (warrior/sword)
7. Relaxing into and delighting in loving encounters – **Day Seven** (watchman/cup)

ABIDING IN THE VINE

MANIFESTATION SUNDAY – 100 VIRTUES

I would like to remind everyone about our third Sunday Service - the *Abiding in the Vine* project. Each month we study a different virtue and focus in, especially for that month, on manifesting more of this virtue in our lives. We have recently finished the virtue **Independence** on July 17th and in August we will be working on **Initiative** followed by **Integrity** in September and finishing with **Joyfulness** in October.

This project allows us to focus in on **Day Three** spiritual work – '**New Earth**' – re-engaging with daily life but from a higher plane of existence and **Day Five** spiritual work – Cultivation of the Promised Land.

UPCOMING SPEAKING EVENT

August 24th Talk at the Theosophical Society

I would like invite you to my Wednesday night talk – 7:30 p.m. at the Brisbane Theosophical Society. Address - 355 Wickham Terrace, Brisbane, Queensland 4000 (Opposite Roma St Parklands)

Day Two Spiritual Work

Becoming the non-judgemental observer

In this talk I will be discussing how to integrate new light coming from Sacred Text (Day One spiritual work) and thereby move into Day Two practices. We will cover some of the following strategies:

- Getting out from under suffocating self-talk.
- Active thought meditation techniques.
- Identifying the source of our thoughts and feelings.
- Guidance - listening to the body and the mind.
- Conviction vs Condemnation.

As much as possible, I would like to open up this talk for some interactive discussion time.



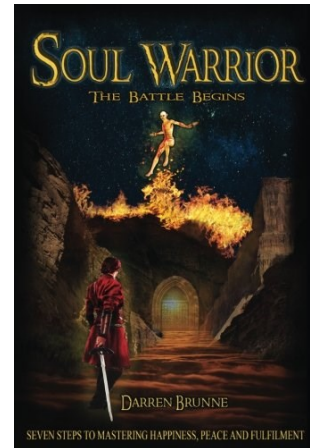
SOUL WARRIOR

Late in the year of 2017, I completed the novel 'Soul Warrior' in which you, the reader, are taken on a journey of discovery into the practice of spiritual warfare. Follow apprentice Mathetis on his own awakening as he learns to use the whole armour of God. You will be introduced into all seven stages of the armour through a part story, part parable approach.

You can purchase the book through Amazon for \$15.99 US

https://www.amazon.com/Soul-Warrior-Mr-Darren-Brunne/dp/1981445838/ref=sr_1_1?s=books&ie=UTF8&qid=1514376979&sr=1-1&keywords=soul+warrior+darren+brunne

or pick up a copy from our Brisbane Centre for \$20.00 when attending one of our services. Alternatively, you can contact me via drbrunne@gmail.com and I can post you a copy of 'Soul Warrior' for \$20 AUS + postage.



Birthdays

To all our friends celebrating birthdays throughout these months, we wish you birthday greetings and blessings.

August

2nd Julie Barns, 3rd Elijah Brunne, 23rd Francis Fitzgerald, 24th Josiah Brunne

September

5th Diane Thompson, 16th Kimberly Chambers, 18th Ian Arnold, 21st Grace Brunne, 23rd Isabella Lee

October

5th Vivian Lawler, 11th Annabel Duff, 17th Mrs Evelyn Williams, 18th Sophia Barns, Mrs Muriel Barrett, 23rd Matthew Heldon, 28th Ken Thompson, 30th Daniel Harry

CHURCH CONTACT DETAILS

Our services are held 1st, 2nd and 3rd Sundays, at 10.30 a.m. at our Centre – 1/24 Railway Terrace, Dutton Park. Always check the last page of the Calendar for services.

Pastor: Rev. Darren Brunne, contactable on 0421 319 252

Treasurer: Mr Paul Evans, contactable on 0428 796 471

Secretary: Mr Darren Lawler, contactable on 0402 086331 or darren@inneractivelearning.com.au
Address: 53 Leslie Parade, Slacks Creek, Qld, 4127

For activities on the Gold Coast and Mt Tamborine meetings contact Mrs Gaye Heldon on 0419 778 717
Sunday School Coordinator: Darren Brunne, contactable on 042131 9252 or drbrunne@gmail.com

CALENDARS

Aug 2020

Sun 7th

1st SUNDAY FAMILY SERVICE including HOLY SUPPER
led by Rev. Brunne at 10.30 a.m.
Mark and the Messiah - Chap 3:13-19

Sun 14th

Sacred Circle, 10.30 a.m.

Fri 19th

Gold Coast Discussion Group
Brian and Gaye Heldon's at 10 am.

Sun 21st

Abiding in the Vine led by Rev. Brunne at 10:30 am

Wed 24th

Night Time Talk at the Theosophical Society

Sun 28th

Free for phone contact

Sep

Sun 4th

1st SUNDAY FAMILY SERVICE including HOLY SUPPER
led by Rev. Brunne at 10:30 am *Mark and the Messiah - Chap 3:20-30*

Sun 11th

Sacred Circle, 10.30 a.m.

Fri 16th

Gold Coast Discussion Group
Brian and Gaye Heldon's at 10 am.

Sun 18th

Abiding in the Vine led by Rev. Brunne at 10:30 am

Sun 25th

Free for phone contact

Oct

Sun 2nd

1st SUNDAY FAMILY SERVICE including HOLY SUPPER
led by Rev. Brunne at 10.30 a.m.
Mark and the Messiah - Chap 3:31-35

Sun 9th

Sacred Circle, 10.30 a.m.

Fri 14th

Gold Coast Discussion Group
Brian and Gaye Heldon's at 10 am.

Sun 16th

Abiding in the Vine by Rev. Brunne at 10:30 a.m.
Followed by the AGM at 11:15 am (To be confirmed)

Sun 23rd

Free for phone contact

Sun 30th

(as above)